

JANUARY 2024

GRIEF SUPPORT CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  HAPPY NEW YEAR	2 10:30am - 11:30 am Loss of a Spouse "A Walk to Remember"	3 2:00 pm - 3:00 PM Open Grief Support Meeting	4	5
8 2-3 PM Ativo Senior Living Open Grief Support Meeting	9 10:30am - 11:30 am Abierto a Cualquier Perdida	10 2:00 pm- 3:00 pm Survivors of Suicide (SOS)	11	12
15	16 10:30am - 11:30 am Loss of a Spouse "A Walk to Remember"	17 11:00 am San Luis Library Grupo de Apoyo 2:00 pm - 3:00 PM Open Grief Support Meeting	18 3:00 pm- 4:00 pm Grupo de Apoyo en Duelo Somerton Library	19
22	23	24	25	26

1st Monday of the month - Open Grief Support Meeting at Ativo Senior Living (Open to any Loss)

3er Miercoles del Mes - Grupo de Apoyo en Duelo - Bibliotca de San Luis, Arizona

1st and 3rd Wednesday of the month - Grief Support Meeting (Open to any Loss)

2nd Wednesday of the month - Survivors of Suicide (SOS)

1st and 3rd Tuesday of the month - "A Walk to Remember" Loss of Spouse

2do Martes del Mes - Grupo de Apoyo (Abierto Para Cualquier Perdida)

Grief Recovery Method (8 week program) Participants will be able to identify loss throughout their lifetime and work through the emotional pain that the loss may have caused. Please call us for more information at (928)343-2222.

