

# FEBRUARY 2024 GRIEF SUPPORT CENTER

MON

TUE

WED

THU

FRI

NOTES

1st Monday of the month -  
Open Grief Support Meeting at Ativo Senior Living (Open to any Loss)

3er Miercoles del Mes - Grupo de Apoyo en Duelo - Bibliotca de San Luis, Arizona

1st and 3rd Wednesday of the month -  
Grief Support Meeting (Open to any Loss)

2nd Wednesday of the month -  
Survivors of Suicide (SOS)

1st and 3rd Tuesday of the month -  
"A Walk to Remember" Loss of Spouse

2do Martes del Mes -  
Grupo de Apoyo (Abierto Para Cualquier Perdida)

Grief Recovery Method (8 week program) Participants will be able to identify loss throughout their lifetime and work through the emotional pain that the loss may have caused. Please call us for more information at (928)343-2222.


5  
**2:00pm-3:00 PM**  
Ativo Senior Living  
Open Grief Support Meeting

6  
**10:30am - 11:30 am**  
Loss of a Spouse  
"A Walk to Remember"

7  
**2:00 pm - 3:00 PM**  
Open Grief Support Meeting

12

13  
**10:30am - 11:30 am**  
Grupo de Apoyo en Duelo (Para cualquier perdida)

14  
*Happy Valentine's Day*  
  
**2:00 pm- 3:00 pm**  
Survivors of Suicide (SOS)

15  
**3:00 pm- 4:00 pm**  
Somerton Library  
Grupo de Apoyo en Duelo (Para cualquier perdida)

16

19

20  
**10:30am - 11:30 am**  
Loss of a Spouse  
"A Walk to Remember"

21  
**11:00 am**  
San Luis Library  
Grupo de Apoyo en Duelo (Para cualquier perdida)  
**2:00 pm - 3:00 PM**  
Open Grief Support Meeting

22

23

26

27

28

29