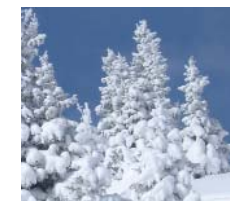


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 HOY voted
 Yuma's Best.
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RETURN SERVICE REQUESTED

Vol XXXI | Issue 2 | Mar/Apr 2011

A Great Day For Roping Roundup

Great weather, great crowd and great fun

Dorenda McAdory

The sky was blue and the sun was warm at the 24th Annual Roping Roundup, Barbeque & Western Dance, which was a much welcomed change from the past two year's rainy days. The sold-out crowd was able to enjoy hot dogs, churros, kettle corn provided by Bear Kountry Kettle Korn, peanuts from Peanut Patch, sodas and the People's Choice Tasting & Judging as they mingled with family and friends. For those who dared to challenge his title, Jay Walker hosted the 3rd Annual Wahshoe Tournament, with Jay defending his title of Intergalactic Wahshoe Champion, after a one year hiatus when Craig Aivazian stole it from him last year. The children had much to keep them busy with face painting and carnival games provided by Vicky Farland and her crew. And again the fabulous tortilla ladies graced everyone with their handmade fresh tortillas to munch on as they made their way around the fair grounds to mingle, watch and play.



finished up their long day of cooking and dinner was served. Their tri-tip dinner with beans, salad, salsa and fresh tortillas made by the tortilla ladies were a hit, as always. The lines moved quickly and everyone filled their bellies before the concert.

Tracy Lawrence was the featured artist this year, and boy was the crowd excited to see him! The line wrapped around from the entrance of the stadium, across the bridge and well into the front gate area. Left of Centre opened the concert followed by the Roping Awards (winners on pg. 9), and moments later Tracy and his band made their way to the stage. The crowd was pumped! He sang some of his all time hits and with his new album coming out soon, gave us a taste of his new songs. There was also a new "Beer Garden" addition for the audience members to congregate in when they wanted to get out of their

seats for a few minutes. With a full view of the stage, its location was perfect and we plan to keep it around in the following years.

We wish to thank everyone who supported us: sponsors, volunteers and attendees. This year was a sell-out, so be on the look out for information on next year's events, as we're planning to do it even bigger for our 25th anniversary! Another very big thank you goes out to the Hospice of Yuma Board of Directors and volunteers for making this year bigger and better than we could have asked for!

Super Bowl Chili (Mitchell's Merchant Patrol) who donated their winnings of \$602.00 back to Hospice of Yuma – Thank You! Coming in at 2nd place was Gates of Hell Chili, and a close 3rd was Rootin' Tootin' Chili who also donated their winnings. We would like to thank all of the talented groups who entered; all of the chili made was amazing! We look forward to having you back next year! If you were not entered in this years tasting, but would like to join in the fun and show off your chili cooking skills, give us a call and we'll add you to next year's list!

As the evening grew near, the 3 Amigos

For a full list of sponsors see page nine. ■

The air was filled with the delightful scents of vegetables and meat cooking from the booths of the People's Choice Judging and Tasting contestants that could be smelled as soon as you entered the front gate. This year's People's Choice winner, for the 4th year in a row, was

I wish to make a special gift to support care for the terminally ill.

CENTURION CLUB
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- Please change my address/remove my address from your mailing.
- I am receiving multiple copies of this newsletter.
- I wish to volunteer.
- I have included Hospice of Yuma in my will.
- Please send me a complimentary Personal Estate Planning Notebook.
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 My e-mail address is : _____

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Please mail this form to Hospice of Yuma, 1824 S. 8th Ave., Yuma, AZ 85364-5517, or call (928) 343-2222.

Director's Corner

A Message From Executive Director, John Williams



Hospice of Yuma Voted First in Five Categories

John Williams, Executive Director

Hospice of Yuma and the Hospice of Yuma Thrift Shop were recently recognized in Yuma's Best 2010 contest sponsored by the Yuma Sun, and was voted first in the five following categories:

- Best Medical Service Provider
- Best Place to Volunteer Your Services
- Best Public Services
- Best Thrift Store
- Best Overall Customer Service

When we were first informed that we had been voted first in five categories it was humbling to realize that so many people recognized the quality of services we provide not only in our medical program but also at our Thrift Shop. As a non-profit organization I can think of no greater honor than to have your community recognize and support what we do.

Hospice of Yuma has proudly served the community since 1981. Our organization was birthed through a grassroots movement of a community of volunteers to bring hospice care to Yuma as an option for terminally ill patients that wanted to be at home with their loved ones rather than remaining in the hospital. As the message of hospice care has spread over the last three decades, more and more people in our community contact Hospice of Yuma when a loved one is diagnosed with a terminal illness. Many things have changed in our community since 1981, but our mission is to provide the best end-of-life care for the terminally ill in our community is stronger than ever. On Behalf of the HOY staff and volunteers, I want to thank all of the people who voted for Hospice of Yuma in 2010 Yuma's Best contest. Your support and recognition gives great meaning to what we do as an organization. We remain committed to providing excellence in everything we do for the benefit of our community. ■

INVESTING IN HOSPICE

The end of the year brings many blessings to Hospice of Yuma. We wish to thank those that continue to support us, even when times are tough.

We would like to extend our heartfelt thanks to **Mr. & Mrs. Joseph Rodriguez** for their contribution of \$5,000.00. We truly appreciate your continued support of our organization!

Thank you **Nani's Best Seed** for their contribution of \$2,456.62 in honor of Carol Didier.

In late January, **Hidden Shores RV Village** hosted their annual dinner for Hospice of Yuma. This year's dinner raised 1,508.00 for our charitable care program.

We would like to recognize the new car dealers that participated in National Hospice Month last November. **Fisher Automotive** raised \$5,675.00 and **Zamora Kia** raised \$500.00 for Hospice of Yuma. Thank you for your continued support!

Other National Hospice Month contributors include **Naomi Reed & Nora Jane Baker** in the amount of \$1,000.00 and **Mr. John Roll, Jr.** in the amount of \$50.00. Thank you so much for continuing to support Hospice of Yuma!

We also wish to thank the following corporations and community groups for their year-end contributions: **Cocopah 9 Hole Ladies League** in the amount of \$500.00, **So. Arizona Combined Federal Campaign** in the amount of \$2,237.67, **Welcome Neighbor's Newcomers Club** in the amount of \$500.00, **WBCCI Air Stream Rally** in the amount of \$109.00 **Yuma Women's Club** in the amount of \$100.00. ■

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Congratulations!

to Dr. Shea for receiving his Hospice and Palliative Medicine Board Certification! We are proud to have you on board in the hospice community!

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Thank you PPEP Tech in Somerton for building a ramp for one of our patients. We also wish to thank Home Depot for donating the supplies for the ramp.



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Staff *Chats*: Stories & Experiences

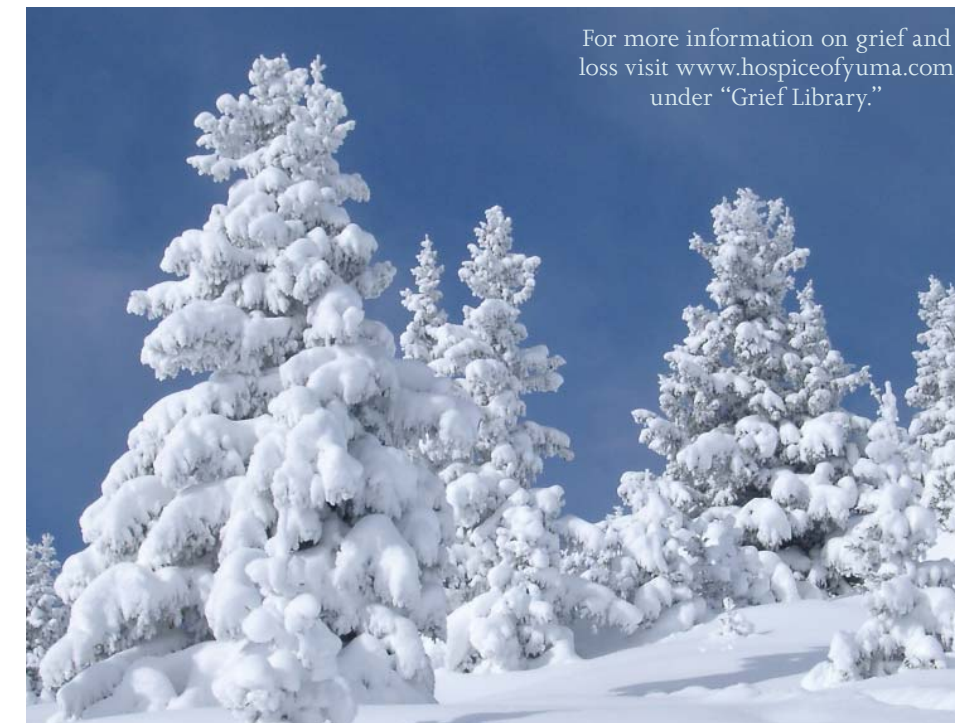
“Winter”

Casey’s story continues

Gay Anderson

Now it’s Casey and Emily, her closest companion, the one who listens without passing judgment, the one who is always and unconditionally there. It has been almost four months since Tom’s death and Casey feels she has accomplished little. Thinking most of the paperwork had been completed, she finds this to be untrue. There are more questions than answers and decision making is difficult at best without Tom to offer his input. Casey has found it necessary to reach out for legal and financial assistance to assure all needs and requirements are met. At times she feels as though she is in a fog that forgets to lift, however every once in a while the sun shines through allowing her to see the forest through the trees. Professional support has guided completion of an updated will as well as medical and financial powers of attorney; finances are a work in progress and every effort is being made to establish and maintain a budget. Having not paid attention to her personal self, Casey has had a physical and has seen her dentist and optometrist; she has silently promised to keep herself in shape, physically and mentally.

With the have to do’s almost behind her, Casey expected to ‘feel better’ however she feels the dark and cold as if it were winter. In a visit we discussed this in depth. Sharing the stages of one’s grief process and progress confirms that her feelings are normal, and than she is not, in fact, going crazy. As our visit goes on we discuss the early days following a loss being filled with ‘stuff’, keeping us focused, numb and in disbelief, so busy that here is no time to do much grief work. Casey had fallen in to the winter of her grief and finds her next steps hard work. At this time Casey is encouraged to reach out to those on whom



For more information on grief and loss visit www.hospiceofyuma.com under “Grief Library.”

she can rely, borrowing their strength, encouragement and wisdom. She will learn that if we hide our hurt, and if we hide from our pain we will not move forward to what lies ahead. She will also learn that in feeling fully all our emotions we finally let go of them and progress beyond them. She begins to understand the saying “it is only in hurting that we are healed.”

Casey joined a five week bereavement support group and was surprised to hear others echo her thoughts and feelings. She found strength in knowing she was not alone. Discussion of take home exercises opened safe sharing and each participant offered something to help someone else. Throughout the program friendships were made, lunch and dinner dates were planned. There was an understanding and unconditional regard with those who have walked in her shoes.

Casey has welcomed ongoing visits, some by phone, some in person. She is hopeful “winter” won’t last long.

Casey’s story continues in the next issue of Hospice Matters. ■



Hospice of Yuma & Dr. Michael Shea
bring you:

“Healing The Healer”

- presented by -

Professor Richard Groves

Friday, April 29, 2011
9:00 am - 4:00 pm
Yuma Civic Center

Space is limited, RSVP is required. Certificates of Attendance will be available for attendees. Lunch will be provided. For more info visit www.hospiceofyuma.com or call (928) 343-2222.

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You are cordially invited to attend

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Annual Meeting**
& Donor and Volunteer Appreciation Dinner

Saturday, March 19, 2011 @ 2:30 pm

Knights of Columbus
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R.S.V.P. call (928) 343-2222



**2011 P.K. Hodges SW
Ag Golf Tournament**
April 14, 15 & 16

Player Entry Fee: \$250.00
Associate Sponsor: \$375.00
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Reservations must be received by
Monday, April 11. Field is limited to
first 128 paid entries. For more info
visit www.hospiceofyuma.com

Remembering When:
A Fire and Fall Prevention Program
for Older Adults

A partnership between HOY and YFD

TRIVIA CHALLENGE

1. What Canadian province borders Manitoba to the west?

Answer: Saskatchewan

Bonus Question: How often should you have your eyes examined?

Answer: See an eye specialist once a year. Poor vision can increase your chance of falling.

2. Name the three lead actors in the movie Guess Who's Coming to Dinner?

Answer: Sidney Poitier, Katharine Hepburn & Spencer Tracy

Bonus Question: Your family lives in a large, older home. Your sister can't hear as well as she used to. What should you do when you test your smoke alarms?

Answer: Make sure everyone in your home can hear the smoke alarms. If not, install special smoke alarms with flashing lights or install interconnected alarms.

For more information and a fun-filled live presentation on fire and fall prevention presented by a team from Hospice of Yuma and Yuma Fire Department, please call Ann Farley, RN from Hospice of Yuma at (928) 343-2222 or Mike Erfert from the Yuma Fire Department at (928) 373-4855.

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Continued on pg. 11

Thrift Shop News

By Dorothy Toney, Hospice of Yuma Thrift Shop Manager



Yuma's Best Thrift Store 2010

The Votes Are In!

Yuma has voted and the votes are in! I am very proud that our Thrift Shop was voted Yuma's Best Thrift Shop, but I'm even more proud that we were voted Yuma's Best for Overall Customer Service. I would like to dedicate that recognition to my Father, Joe Chretien. One of the most important things he taught me was to "always give a little more than what's expected". He applied that work ethic in everything he did. It helped him build a very successful business and earn a position of respect in this community.

And now, his legacy is helping the charitable organization that he held very dear in his heart, Hospice of Yuma.

I know I can't take all the credit for these awards. I am very fortunate to have a team of very dedicated volunteers and staff who share my goal of having the best Thrift Shop in Yuma. Also, I must thank our wonderful donors who give so generously and fill our store with wonderful treasures. Without this support from so many people, none of this could happen. So, to all who

have helped us on our journey to being the best that we can be, I thank you!

And for those of you who have not visited our store yet, I only have one thing to say...."What are you waiting for?" Stop by and see why we have been voted Yuma's Best! I guarantee it will be worth the trip! ■



**Hospice of Yuma Thrift Shop
& Furniture Showroom**
1808 S. 8th Avenue | (928) 782-9593

Winter Hours

MONDAY-FRIDAY: 9:00am - 5:00pm

SATURDAY: 9:00am-1:00pm

Mark Your Calendars

MARCH 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9 Men's Brkfst Group Mad Greek @ 8am RSVP requested	10	11 Cheryl Case Golf Tournament Mesa Del Sol Golf Club @ 2pm	12 Cheryl Case Golf Tournament Mesa Del Sol Golf Club @ 8am
13	14	15	16	17 St. Patrick's Day	18	19 Volunteer Appreciation Dinner @ 2pm Romancing The Night @ 6pm
20	21	22	23 Men's Brkfst Group Mad Greek @ 8am RSVP requested	24	25 Sunset Vista Barbeque 11357 E. 40th St. from 11am-2pm	26
27	28	29	30	31		

April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 Men's Brkfst Group Mad Greek @ 8am RSVP requested	7	8	9
10	11	12	13 "Spirituality & End-of-Life Care" HOY Confrence Center @ 9am-Noon RSVP required	14 P.K. Hodges SW Ag Golf Tournament @ 5:30pm	15 P.K. Hodges SW Ag Golf Tournament @ 12pm "Spirituality & End-of-Life Care" @ 9am	16 P.K. Hodges SW Ag Golf Tournament @ 8:30am
17	18	19	20 Men's Brkfst Group Mad Greek @ 8am RSVP requested	21	22	23
24 Easter Sunday	25	26	27	28	29 "Healing The Healer" by Richard Groves Yuma Civic Center @ 9am-4pm, RSVP required	30

2011 ROPING WINNERS

Hospice Classic Roping

Saddle Winners: Kenny Brown & Howard Gwyn
1st Place: Cheri Logan & Billy Kennedy
2nd Place: Jon Nickerson & Joe Tudor
3rd Place: Augie Olaiz & Steve Otto
Open Barrel Race:
Buckle Winner: Michelle Allum
2nd Place: Jacque Hannon
Jr. Barrel Race:
Buckle Winner: Megan Hardt

2nd Place: Trent Friar
Open Pole Bending:
Buckle Winner: Joanie Moore
2nd Place: Shaunda Burrell

Tri-Valley Classic

Knife Winners: Buddy Rose & Clint Bedoya, Stacy Daily & Dan Gann, J.J. Cabrera & Tony Mercer, Cheri Logan & Clint Bedoya, Marco Perricone & Clint Bedoya, Donnie DeForest &

Kenny Brown
Open Barrel Race:
Buckle Winner: Jacque Hannon
Horse Blanket Winner: Jacque Hannon
Jr. Barrel Race:
Horse Blanket Winner: Megan Hardt
2nd Place: Trent Friar
Open Pole Bending Race:
Horse Blanket Winner: Rebba Wright
2nd Place: Joanie Moore

Hospice of Yuma Thanks You, Our 2011 Roping Roundup Sponsors:

Entertainment Sponsors: El Dorado Broadcasters (KBLU, KTTI, STAR), KYMA Television, Nunes Companies, Inc., Yuma Cardiology Associates: Joseph Cardenas, MD & Alberto Mejia, MD, Z93 & OUTLAW Country (KCYK 1400AM), Mission Citrus, Westmoor Electric, RX Positive Medical Supply
Stage Construction: DPE, Inc.
Saddle Sponsors: Barkley Ag Enterprises, Blue Cross-Blue Shield of Arizona, Montie & Diana Lee, National Bank of Arizona, Sunlund Chemical Co., Inc., Tanimura & Antle, Inc., The Grower's Company, Wells Fargo Bank
Cattle Sponsor: Kammann & Sons
Major Food Donors: Dole Fresh Vegetables, Nunes Companies, The Peanut Patch, Todd Craig/Nova Home Loans
Beverage Sponsors: Canyon Distributing Co., Pepsi Bottling Co., Sun Valley Beverage
Tortillas: Gowan Company
Bottled Water: Zellers/The Mine Shaft
Food Preparation: The Three Amigos
Buckle & Award Sponsors: 1st Bank Yuma, Advanced Cooling Systems, Inc., Amigo Farms, Booth Machinery, Crop Production Services, Inc., Tom & Mary Lou Edwards, The Foothills Bank, J-V Farms, Massolo Brothers, Inc., Morris Ag Air & Sons, Inc., Pasquinelli Foundation, ATP, Inc., Chicago Title Company, JSA Co., Perricone Family Foundation, Rain for Rent
Billboards/Advertising: Del Outdoor Advertising, KAWC Colorado River Public Media, Penn Neon Sign Co., The Sun, Time Warner Cable, Yuma Printing
Security: Mitchell's Merchant Patrol, Yuma County Sheriff's Department TRIAD Volunteers
Ambulance Service: Rural Metro
Guest Accommodations: Clarion Suites
Chili Trophies: Glassmasters
Games: International Paper Company, Craig Aivazian Wahshoes
Calendar Sponsors: Mr. & Mrs. Pete Auza, Mr. & Mrs. Robby Barkley, Dr. & Mrs. Joseph Cardenas, Dune Co. of Yuma, Mr. & Mrs. Wes Eade, Fisher Chevrolet, Dr. Brian Grogan, Mr. & Mrs. Brad Harrison, Mrs. Colleen Hefner, Mr. & Mrs. Fred Hoffmeyer, JcJ Electric, Dr. & Mrs. Robert J. Land, Lee Homebuilders, Mr. & Mrs. Ron Rice, Select Seed of Arizona, Serendipity Photography by Tawnee, Sun Country Restoration, Mr. & Mrs. Larry Taylor
Special Thanks: AMF Inca Lanes, Bear Kountry Kettle Korn, C & D Disposal, Canyon State Water, Centennial Middle School 110 Service Club, Cindy Craig... Frontier Trophy Buckles, Gila Ridge High School Cheerleaders, Glassmasters, Harold Hawes, Heritage Jewelers, Klein's Kustom Electric, MCAS Yuma, North End Studios, Quail Barricade, RDO Equipment, Rotary Club of Yuma, Round Table Pizza, RV World Recreational Vehicles, Rural Metro, Robert Vigil, Jay Walker, Yuma County Fairground Yuma County Mounted Posse, Yuma Feed & Livestock Supply, Yuma Jaycees Silver Spur Rodeo Royalty, Zellers, Yuma High School Performing Choir
Roping Committee: Lee Henry, Joe Almodova, Curtis Cansler, Mike Ehrlich, Mike Espil, Dann Gann, Millie Gonzales, Les Kammann, Billy Kennedy, Bill Meinhardt, Lucy Shipp, Jeff Sims
We also wish to thank our Event Chair, Mike Schug, for his hard work and commitment to making this event a success; Howard Gwynn, for his continued and unwavering support of the Roping event; the ropers and barrel racers, our dedicated team of volunteers and Board Members and our faithful supporters without none who of this would be possible.